

**Course Wrapper:**

**Instructor Reflection**

1. **Select one course you’ve recently taught to focus on.**

Look at these statements. Can you identify with any of them? How might you adapt them? What else might you add?

* I have been teaching this course the same way for years, and I want to try some new things.
* I taught this course for the first time recently and it didn’t go quite as I’d planned, and I want to spend some time figuring out what changes to make.
* I like this course but my students don’t seem as engaged as I hope they would be.
* The course overall is fine, but on certain days I left class feeling like I wasn’t connecting with students.
* I think the design of the course is fine but there seems to be a disconnect between what I expect of students and what they feel their responsibilities are.
* The semester started out on the wrong foot and I could never quite get it back on track.
* The entire semester felt like a disaster.

What else would you say about your experience?

1. **Choose a teaching/learning focus area**

Reflect on one activity, assignment, lecture, discussion (etc.) that went especially well:

***What?***

What happened? Describe the teaching and learning.

***So what?***

Consider why it went so well. What impact did it have on you? On your students?

***Now what?***

Imagine modeling other learning activities on this success? What would that look like?

1. **Did you face any obstacles** in creating the kind of learning experiences you wanted for your students? Were you able to overcome them?

How might you prevent these obstacles in the future?

1. **Attending to who you are.** Who you are and how you feel about yourself affects the way you act and the ways others respond to you.

How do you care for yourself so that you bring your best self to your teaching?

In what ways is your teaching this course consonant with who you are as a whole person? Dissonant?

1. **A next step**

Plan one step that you can take to make the course work better for you and your students. Ex. What Teaching Behavior from the checklist are you most eager to improve on?