

2025-2026 Certified Veterinary Food Therapy (CVFT)

Urla, izmir, Türkiye

Curriculum

TCVM Food Therapy Principles

Basic Nutrition Overview (Western Nutrition Concept)

Food Therapy: Common Concerns and Special Properties

Food Therapy for *Bi* and *Wei* Syndromes, Small Animal and Equine, Cancer Patients, GI Disorders

Lab Demo: Top Foods for Pets and Their Doctors

Lab Demo: How to Make Foods for Dogs/Doctors Ourselves

Food Therapy for Geriatric & Pediatric Patients, Dermatology Patients

How I Use TCVM Food Therapy in My Practice

Lab: How to Balance a Recipe/How to Use Computer Program to Balance a TCVM Food Recipe

Lab: How to Cook Food for Your Dogs

Case Studies: How to Put Everything Together

Feline Food Therapy

Equine Food Therapy

Food Therapy for Lung Problems, Liver Disorders, Endocrine Disorders, Heart Problems including *Shen* Disturbance, Kidney Disorders including Bladder and Reproductive Issues

Review on Food Energetic Actions and Historical Anecdotal Evidence

Schedule & Tuition

Online: Nov 15, 2025 - Mar 15, 2026
On-site: Jan 22 - 23, 2026

\$1,600



The Power of Food

There is truth to the old saying: "food is the medicine you take every day." The healing power of food is a central belief Chinese Medicine, as food therapy is one of the four major branches of Traditional Chinese Veterinary Medicine (TCVM). Like other TCVM modalities, the ultimate goal of food therapy is to restore and maintain balance in the body. Diet plans are tailored to individual patients based on their unique tendencies, age, species, geographical location, personality, and current disharmony or disease process. Food ingredients are chosen based on their energetic properties, which include both thermal energetic property and taste. Although the effects are slower compared to other modalities, there are virtually no side effects when food ingredients are chosen correctly. Food therapy is also very popular amongst owners as it empowers them to take part in their animal's TCVM therapy and can be used safely throughout the pet's lifetime.

Course Features

- Hybrid course students have the opportunity to help with food prep and taste the finished products on-site
- 4 months access for online study
- CVFT certification from Chi after completion of course requirements
- PDF of all class notes and recipes

Instructor



Dr. Lorena Lloret Nadal
DVM, CVA, CVTP, CVFT,
CVCH, CVBMA

