

FIRST FRUITS OF ZION

COUNTING THE OMER 5786

A Prayer from Psalm 67

KEY						
● Special Day ● Regular Day ● Weekly Sabbath						
			FRI 4.3		SAT 4.4	
			W.1 D.1		W.1 D.2	
SUN 4.5	MON 4.6	TUE 4.7	WED 4.8	THU 4.9	FRI 4.10	SAT 4.11
W.1 D.3	W.1 D.4	W.1 D.5	W.1 D.6	W.1 D.7	W.2 D.8	W.2 D.9
SUN 4.12	MON 4.13	TUE 4.14	WED 4.15	THU 4.16	FRI 4.17	SAT 4.18
W.2 D.10	W.2 D.11	W.2 D.12	W.2 D.13	W.2 D.14	W.3 D.15	W.3 D.16
SUN 4.19	MON 4.20	TUE 4.21	WED 4.22	THU 4.23	FRI 4.24	SAT 4.25
W.3 D.17	W.3 D.18	W.3 D.19	W.3 D.20	W.3 D.21	W.4 D.22	W.4 D.23
SUN 4.26	MON 4.27	TUE 4.28	WED 4.29	THU 4.30	FRI 5.1	SAT 5.2
W.4 D.24	W.4 D.25	W.4 D.26	W.4 D.27	W.4 D.28	W.5 D.29	W.5 D.30
SUN 5.3	MON 5.4	TUE 5.5	WED 5.6	THU 5.7	FRI 5.8	SAT 5.9
W.5 D.31	W.5 D.32	W.5 D.33	W.5 D.34	W.5 D.35	W.6 D.36	W.6 D.37
SUN 5.10	MON 5.11	TUE 5.12	WED 5.13	THU 5.14	FRI 5.15	SAT 5.16
W.6 D.38	W.6 D.39	W.6 D.40	W.6 D.41	W.6 D.42	W.7 D.43	W.7 D.44
SUN 5.17	MON 5.18	TUE 5.19	WED 5.20	THU 5.21	FRI 5.22	
W.7 D.45	W.7 D.46	W.7 D.47	W.7 D.48	W.7 D.49	SHAVU'OT	

INSTRUCTIONS Read Psalm 67 below, then count the Omer by saying the day number aloud. For additional details see the FFOZ Calendar.

May God be gracious to us and bless us and make his face to shine upon us, Selah, that your way may be known on earth, your saving power among all nations. Let the peoples praise you, O God; let all the peoples praise you! Let the nations be glad and sing for joy, for you judge the peoples with equity and guide the nations upon earth. Selah. Let the peoples praise you, O God; let all the peoples praise you! The earth has yielded its increase; God, our God, shall bless us. God shall bless us; let all the ends of the earth fear him! (Psalm 67)

SPECIAL DAYS

4.3 Pesach (second day) 4.8 Pesach (seventh day) 4.9 Pesach (eighth day) 4.17 Rosh Chodesh I (Iyyar)
 5.1 Pesach Sheni 5.5 Lag Ba'Omer 5.12 Ascension Day 5.17 Rosh Chodesh (Sivan) 5.22 Shavu'ot